



# YOUR GUIDE TO #CFHS22

## Home Advice. Local Experts.

For over 40 years, we have been proud to be an integral member of this city's home design, decor and renovation industries. Our world has changed, but the way we want to feel in our home hasn't. We're excited to bring you top tier industry talent to help you execute any project you may have - from full home renovation to pantry organization.

Join us at the Sleep Country Main Stage to meet and learn from the best of the best including HGTV Canada's Bryan Baeumler presented by The Landscape Artist as well as local organization hero Megan Golightly from GoSimplified, here to well... simplify your life! Plus, we have a slew of incredible features to help inspire you on every design journey you may be on. From Home on the Hill to Design Decisions to Art Walk, we've got everything you need and more - so start pinning your Pinterest boards now!

We're also super delighted to welcome our friends from Make It! the handmade revolution. Stop by the Make It! Pop Up Market, a curated collection of talented artists, bringing you their top selling handmade products from home decor, homeware goods and more.

Our show weekends have always been full of energy; we've loved watching you all succeed in all your home improvement projects. Thank you for your continued support - we could not do it without you.

Sincerely,

Casey Matulic Show Manager Calgary Home Shows

# THE VITALS

#### WHEN

Friday, September 30 | 12-9pm Saturday, October 1 | 10am – 9pm Sunday, October 2 | 10am – 6pm

#### WHERE

BMO Centre, Stampede Park 20 Roundup Way SE Calgary, AB T2G 2W1

Halls D & E Show Office is located outside of Hall E

HOW Purchase tickets online: www.calgaryfallhomeshow.com

Adults (13+): \$12.00 Seniors (60+): \$10.00 Seniors FRIDAY ONLY (60+): \$5.00 Children (12 and under): Free After 4pm: Half-off Tickets

#### PURCHASE ONLINE & SAVE \$2





@YYCHOMESHOWS

# MEET OUR EXPERTS



# Bryan Baeumler

#### HGTV Canada Celebrity Contractor

Bryan doesn't believe he's put in an honest day's work unless he gets his hands dirty. A natural-born teacher, the Gemini-award winning host has been educating and entertaining viewers across Canada and the US since 2007 on the hit shows Disaster DIY, Canada's Handyman Challenge, Leave it to Bryan, and House of Bryan, Bryan Inc. Bryan's quick wit and easy-going personality have made him a huge hit with viewers on all of his home renovation shows.

Learning valuable tricks of the trade from his father, a meticulous aircraft engineer, Bryan spent his childhood summers building his family's cottage from the ground up.

After earning a dual degree in Political Science and Business, Bryan was headed towards a career of practicing law. Realizing he'd rather be renovating than being chained to a desk, his innate passion for building took over and he traded in his tie for a tool belt and founded Baeumler Quality Construction.

A few kids and number of hit TV shows later, Bryan continues to tackle home renovation projects, be the spokesperson for numerous products and expand his growing businesses to include Baeumler Approved and Baeumler Custom Cabinetry.

# Presentation Topic: Tales from the Island, lessons learned, and the REAL value hiding inside your home.



Catch Bryan Baeumler presented by The Landscape Artist on the Sleep Country Main Stage presented by The Calgary Herald on Friday, September 30 at 6pm and Saturday, October 1 at 1pm.



## **Megan Golightly**

#### **Professional Home Organizer**

When your life is simplified and decluttered, you can enjoy the small moments. Megan Golightly loves what she does and has been doing it for 14 years. She has a passion for problem solving, organizing projects big and small, and working with families to see their homes and lives transformed. Her goal is to help you feel at ease in your home and eliminate the negative feelings you may have about your clutter. It's often hard work but worth it! Megan holds a degree in Psychology and on-going study in Neuroscience peaked her curiosity on how the brain works in relation to the spaces in our homes. It's unhealthy to have nagging critical thoughts about the state of our homes. Whether or not we believe these words, our subconscious mind does.

Deciding how and where to start can be paralyzing. Megan can help motivate, inspire and uncover the psychology of organizing. You can find Simplified's Instagram account full of tips, tricks, how-tos, before and afters and more!

## Presentation Topic: The Cost of Clutter and How to Effectively Deal With It : A Perspective Shift

👎 SimplifiedCanada www.go-simplified.com

Catch Megan Golightly on the Sleep Country Main Stage presented by The Calgary Herald on Saturday, October 1 at 6pm and Sunday, October 2 at 1pm.

## **About Calgary Fall Home Show**

Were your home improvement projects met with DIY disaster? Whether you're designing a new-build or tackling your renovation one room at a time, The Calgary Fall Home Show is the place to be to get real home advice from trusted local experts. Visit with some of the brightest industry professionals including HGTV Canada's Bryan Baeumler presented by The Landscape Artist, organizing expert Megan Golightly of GoSimplified, and over 200 exhibitors September 30 – October 2nd at the BMO Centre to find the inspiration to start and finish any home project on your to-do list. Find great deals, new ideas and industry insight at every turn.



BMO Centre, Stampede Park

# **REAL INSPIRATION**

#### The Sleep Country Main Stage

#### Presented by Calgary Herald Designed by Bailey Powell

Dream up your next home improvement project with the experts at The Sleep Country Main Stage presented by the Calgary Herald! It's the place to be to get insider information and inspiration on the latest tips, trends, and tactics you need to know to create a Pinterest-worthy home. Get advice from some of television's superstar talent including HGTV's Bryan Baeumler presented by The Landscape Artist. Plus, you'll find expert tips to simplify your life from Calgary's own Meghan Golightly of GoSimplified! No more day-dreaming – it's time to make your dream home a reality!





### The Simple Life

#### Designed by Megan Golightly

Feeling cluttered? Can't seem to find that one household item you need right now? If your home is feeling less homey and more disheveled, look no further than The Simple Life. It's time to organize your mind and your life with top tips from expert organizer GoLightly. Whether your pantry is in dire need of a pick-me-up or your bathroom vanity is screaming for help, don't worry - we'll straighten it out!



simplified" Get organized. Go simplified.

#### Home on the Hill

Presented by Forest Trek Woodwork + Maetche Construction Designed by Bubbles and Brew

Take your design to the top of the piste! Ski-into Home on the Hill to find the inspiration to take your cabin from amateur to pro! This trendy apres-ski feature has the perfect vibes for you to level-up your next alpine adventure – from custom saunas to the chic-est home décor, there's everything you need to take your style from the slopes to the after-party.



### **Design Decisions**

Designed by Fifteen Twelve Home Co.

From maximalism to mid-century modern or Scandinave to modern farmhouse, some design trends can pull you in all different directions. If you're having trouble keeping up with the latest craze on Reels or are wanting to explore what design style best suits you, look no further than Design Decisions! Explore these magazine-inspired rooms created in distinct and popular designs to help you finally find the answers to your design dilemmas!



# **REAL INSPIRATION**

## Make It! Pop Up Market

Looking for that handmade touch but not the best at doing it yourself? We get it some DIYs are best left to the experts! Pop-by the Make It! Pop Up Market to shop hundreds of unique handcrafted items from local makers across the province. From beautiful décor items to one-of-a-kind home goods, Make It! is your hub to find socially conscious items that will be oh-so perfect for your place!



# make it

## **Breathe Easy Rümi Lounge**

If you're looking for simple ideas to revive your backyard or need the energy to keep planning the deck of your dreams, find the inspiration to tackle any project at The Rümi Relaxing Zone. No need to wait for perfect weather at this patio. With drinks & bites from some of YYC's best local eats, you'll find the fun — and fuel — to stay energized and keep your home improvement project on track!



### **ArtWalk**

Feeling flustered about finding the perfect piece for your living room? Overwhelmed with all the possibilities for your empty entry way? Take a relaxing stroll through ArtWalk to help you find the solutions to even the toughest blank spaces. We know the perfect final touch when designing a room is a stunning piece that will tie your vision together – so be sure to browse these unique pieces by amazing local artisans with a variety of styles and techniques. These one-of-a-kind pieces will surely be a staple in your home and help you take your idea of home art to the Instagram level.

Featuring: Jessan Creations, Maya Corona Art, Viviana Pacheco Fine Art, Sharina Fong Fine Art, Milena Vasquez, and Art By Ali Mac.

### **The Greener Side**

#### Presented by Do Your Part Refillery

Sustainable living isn't just a trend – it's a lifestyle! If you're wanting to try your hand at conscious living stop by The Greener Side by DYP Refillery to learn more about how simple it can be to live greener and more environmentally friendly. The grass really is greener on this side – with household items, to travel necessities and home décor, you can shop minimal waste products that are recyclable, compost friendly or refillable. They're here to help you "Do Your Part" to help create a brighter planet and future for everyone!

Plus, you can test out your "green" thumb by participating in unique workshops all weekend long – from custom facemasks, create-your-own body scrubs and more, you're only one step away from a greener, more sustainable, way of living.



#### **Help Desk**

Having trouble deciding whether to do your next project yourself or are you afraid of DIY disaster? Get the most out of your visit with a trip to the Help Desk at the Hall E entrance to point you in the right direction to make your vision boards come to life. Whether you're navigating floor-to-ceiling tiling or debating an open floor concept, our experts are here to help your next home project become a success!