

2022 STAGE SCHEDULE

SleepCountry

GARDEN STAGE


DÉCOR PARTNERS:




Thursday, March 24th:

- 1:00 - 2:00pm **Emma Doucet (Grassroots Design)**
Not a White Kitchen
- 2:30 - 3:30pm **Odette McIntyre (Master Gardeners of Ottawa Carleton)**
Cold Frames and Cold Crops
- 4:00 - 5:00pm **Dr. Nancy Edwards (Distinguished Professor and Professor Emeritus, School of Nursing, University of Ottawa) - Fall Prevention:**
A Proactive Approach for Those Planning Indoor or Outdoor Home Renovations
- 5:30 - 6:30pm **Adam Weir (TV Personality, Island of Bryan)**
The Magic of Construction
- 7:00 - 8:00pm **Emma Terrell (The Urban Botanist) - The Power of Plants - Herbal medicine, destressing with plants, the importance of connecting with nature on a regular basis**


Friday, March 25th:

- 2:30 - 3:30pm **Lana Doss (The Fine Gardener) - Up Your Garden Game in 2022:**
Tips and Tricks from the Experts to Bring Your Efforts to the Next Level
- 4:00 - 5:00pm  | **Regal ideas** **Chris Palmer (Handcrafted by Chris Palmer)**
The Deck Design Guide: How to Build the Right Deck for You!
- 5:30 - 6:30pm **Adam Weir (TV Personality, Island of Bryan)**
The Magic of Construction

Saturday, March 26th:

- 11:00am - 12:00pm **Lana Doss (The Fine Gardener) - Up Your Garden Game in 2022:**
Tips and Tricks from the Experts to Bring Your Efforts to the Next Level
- 12:30 - 1:30pm  | **Regal ideas** **Chris Palmer (Handcrafted by Chris Palmer)**
The Deck Design Guide: How to Build the Right Deck for You!
- 2:00 - 3:00pm **Michel Gauthier (Canadian Garden Council)**
Canada's Year of the Garden 2022
- 3:30 - 4:30pm **Candace Dressler (Master Gardeners of Ottawa Carleton)**
Native Plants
- 5:00 - 6:00pm **Emma Terrell (The Urban Botanist) - Exploring the Magical World of Moss:**
Using Natural Materials to DIY Living Artwork, Terrarium Design & More

Sunday, March 27th:

- 11:00am - 12:00pm  | **Regal ideas** **Chris Palmer (Handcrafted by Chris Palmer)**
The Deck Design Guide: How to Build the Right Deck for You!
- 12:00 - 1:00pm **Emma Doucet (Grassroots Design)**
Not a White Kitchen
- 1:30 - 2:30pm **Michel Gauthier (Canadian Garden Council)**
Canada's Year of the Garden 2022
- 3:00 - 4:00pm **Emma Terrell (The Urban Botanist) - Urban Botany -**
Growing your Urban Garden - Emma's favourite and must-have products to get the most out of your grow season!