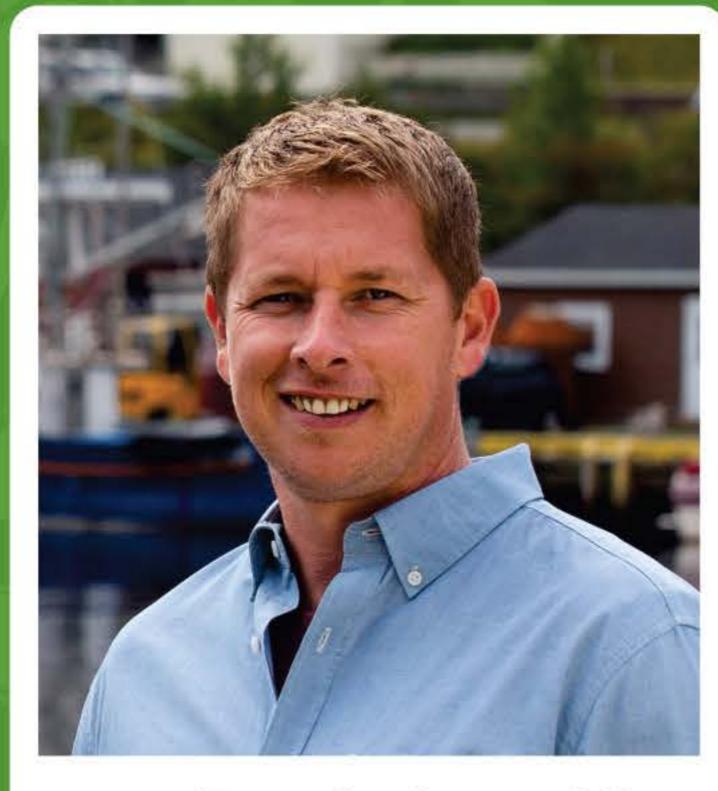
CALGARY +GARDEN

2023 SHOW GUIDE

MEET OUR CELEBRITY GUESTS!



Randy Spracklin Host of HGTV Canada's Rock Solid Builds



Emma Terrell The Urban Botanist

BMO Centre Stampede Park

4 DAYS ONLY!

Thursday, February 23 Noon - 9pm

Friday, February 24 Noon - 9pm

Saturday, February 25 10am - 9pm

Sunday, February 26 10am - 6pm

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Home and Garden Events

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REAL HOME ADVICE from LOCAL TRUSTED EXPERTS

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*Valid on regular adult admission only

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Avoid the guesswork. Meet the experts.

The Calgary Home + Garden Show is your one-stop shop to get the advice you need to tackle any home improvement project – inside or out! Join us February 23 – February 26, 2023 at the BMO Centre, Stampede Park and meet with expert guests like HGTV Canada's Randy Spracklin from Rock Solid Builds for practical advice and inspiration for any renovation project! Plus with over 600 exhibitors, find great deals, new ideas, and inspiration for all your home and garden projects.

MUST SEE FEATURES

(Pic) Me

Get ready for your close-up! These unique and Instagrammable vignettes feature colour, texture and oddball design elements to take your selfies from safe to stunning. Designed by some of the city's most wild-card minds, these spaces will have you reaching for your phone ASAP! Grab your bestie, get snapping and watch those likes and views roll in.

Participants

Grasslands Flower C?





The Greener Side

Sustainable living isn't just a trend –

Presented by



it's a lifestyle! If you're wanting to try your hand at conscious living stop by The Greener Side by DYP Refillery to learn more about how simple it can be to live greener and more environmentally friendly. The grass really is greener on this side – with household items, to travel necessities and home décor, you can shop minimal waste products that are recyclable, compost friendly or refillable. They're here to help you "Do Your Part" to help create a brighter planet and future for everyone!

Plus, you can test out your "green" thumb by participating in unique workshops all weekend long – from custom facemasks, create-your-own body scrubs and more, you're only one step away from a greener, more sustainable, way of living.

SiteOne Presents

2023 Backyard Wars Competition

The white picket fences are coming down! The "steaks" are higher in this friendly neighbourhood competition: Backyard Wars. Local exhibitors will be using their design genius to battle it out for a \$1000 cash prize or free booth space at the 2024 Home + Garden Show! You can help sway the judges, vote for your favourite backyard design to help crown the best space at the Backyard Wars Competition. After all...a little competition never hurt!

Participants









The Last Resort

Designed by



Presented by



We are bringing natural beauty home. Breathe in this forestinspired micro cabin complete with a geodesic dome and sprawling tablescapes fit for a fairie. Organic elements like moss and bark intertwine with delicate decor to emphasize the simplicity and softness of life outside the city and celebrate the moments that draw us together.

The Watermark Shop

Creating a space that reflects your personality takes patience, love, and few rare finds. From décor essentials to stylish home goods,

Presented by watermark

stop by The Watermark Shop to find the perfect additions that will be sure to make your house feel like a home.

SleepCountry Home + Garden Stage

A stellar lineup of pros are here to help up your home and garden game just in time for spring! Get expert advice straight from the industry's top designers, landscapers and home improvement

Presented by





professionals on the Sleep Country Home + Garden Stage. Check out incredible presenters including HGTV Canada's Randy Spracklin from Rock Solid Builds as he joins a lineup of local experts ready to help Calgarians tackle any project this season – inside or out.

Sleep Country Home + Garden Stage Presenters

Presented by



CALGARY HERALD

Visit calgaryhgs.com for the complete Sleep Country Main Stage schedule & presenters.



Randy Spracklin

Randy Spracklin is a third-generation builder, co-owner of Newfound Builders Ltd, and stars in the HGTV Canada series *Rock Solid Builds*. He took over the family business in 2008 and grew it into a major player in the industry. Brigus is where he grew up and now it's where he and his partner are raising their two kids. It's not uncommon for his kids to check in on him while he's at work, and who knows, maybe they'll be next to take over the business. This Newfoundlander is serious about his work, but he can also be a prankster and knows it's important to have a laugh at work. If you ever get a chance to visit Brigus,

there's a lot of catty stuff to see and do, so take in the scenery, check out the shop, and have a yarn, because everything's mint!



Emma Terrell

Emma Terrell is The Urban Botanist! Born and based in Ottawa, Canada, Emma created to this unique online brand and experience to reconnect people with nature. She believes in the benefits of interacting with nature and working to change interior spaces, lifestyle, mentality, and health! She has spent the past 6 years as an international speaker, offering workshops on plant care, pausing with plants, terrarium workshops, and so much more. She designs, fabricates and installs VERTICAL GREEN WALLS....the latest trend in the interior biophilic design world being moss walls. Check her out on her social media pages with over 50K followers and 2 million views to learn more about The Urban

Botanist, and how you can get excited about engaging with nature. You can also see her speak live on stage with a fresh perspective to the hobby of horticulture. Emma's science-based background and creative approach works to inspire people to interact with nature in an urban setting. With thoughtful practice, gardening, workshops and demonstrations, she hopes to inspire and educate plant parents around the world!



Megan GoLightly Presented by

When your life is simplified and decluttered, you can enjoy the small moments. Megan Golightly loves what she does and has been doing it for 14 years. She has a passion for problem solving, organizing projects big and small, and working with families to see their homes and lives transformed. Her goal is to help you feel at ease in your home and eliminate the negative feelings you may have about your clutter. It's often hard work but worth it! Megan holds a degree in Psychology and on-going study in Neuroscience peaked her curiosity on how the brain works in relation to the spaces in our homes. It's

WOODRIDGE

unhealthy to have nagging critical thoughts about the state of our homes. Whether or not we believe these words, our subconscious mind does. Deciding how and where to start can be paralyzing. Megan can help motivate, inspire and uncover the psychology of organizing. You can find Simplified's Instagram account full of tips, tricks, how-tos, before and afters and more!



Scan the QR code to access our virtual show room.

The Watermark Shop

Presented by

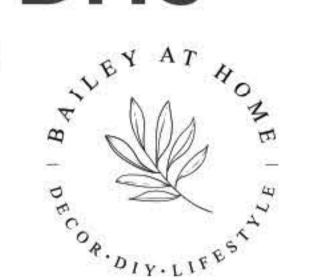
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The Greener Side Presented by do your



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