



Practice Fewer Acts of Randomized Gardening
A Garden Mentors Gardening Academy Introduction Seminar
presented by Robin Haglund

4 Steps to Help You Reduce Randomized Gardening:

- | | |
|------------------------|----------------------|
| 1. Mindset | 2. Allocation |
| 2. Organization | 3. Execution |
-

STEP 1: Establish *Your* Positive Mindset.

Take a moment to to pause before you dive into anything you do! Prepare yourself for success.

Nature is perfect!

That means you are perfect, because you are **not apart** from nature. You **are a part** of nature!

See the positive & that feeling of never-ending failure should fade!

See aphid damage? Remember that's a part of nature's perfection & aphids feed hummingbirds.

See dandelions? Remember they're medicinal, edible, break up dense soil & feed pollinators.

STEP 2: Get Organized!

Prioritize gardening along with your other life goals. **Determine how long it will take you** to accomplish a task. Then determine out which tasks you need to do in what order.

How long will it take YOU to weed YOUR GARDEN exercise:

1. Set aside a few hours to garden.
2. Choose a small area of your garden that needs weeding.
3. Measure that area. Jot down the square footage of the area.
4. Start a timer. Then step out your door.
5. Gather your gardening gear (tools, mulch, compost holders)
6. Weed the designated area, spread the mulch, put away the yard waste, put away the tools.
7. Stop the timer only when you are 100% done with that task.
8. Divide the time it took you to complete the ENTIRE task by the size of the area.
(if it took you 1 hour to weed/mulch/clean up 10 square feet, that's 6 minutes per foot of weeds!)

Use the above to estimate how long it takes you to do any gardening task.

Then you can decide if you'll have time to finish a project in the time you're able to put into that task!

What needs doing when?

Keep a running list on your phone. Review & re-prioritize it before you begin you gardening day.

Need more help getting organized?

DONE FOR YOU printable seasonal checklists, planners & more tools included in the Garden Mentors Academy! **Limited Time NW Flower & Garden Festival 25% Off Sale Available NOW!**

GARDEN MENTORS ACADEMY

Learn to garden more successfully fast!

25% Off



Step-by-step Gardening Lessons



Assessing & Designing Tools



Garden-Life Balancing Solutions

Benefits in this Program:

- Proven gardening program crafted by award-winning garden designer
- Printable worksheets, calendar tools & gardening guides.
- Done-for-you garden designs
- No timers or tests.
- 70+ curated garden articles
- 40+ targeted lessons
- 30 day money back guarantee
- BONUS seed-to-fork Ebook
- **Use special NWFGF coupon & be automatically entered for chance to win BONUS 1:1 Garden Coaching!**

What Our Students are Saying:

"These lessons are things I can put into place in my garden right now!" Jennifer

"Thanks for helping me achieve my gardening goals!" Mari

"You are an incredible teacher & have done so much for me!" Christine

NWFGF 25% Off Special!

- Coupon code: NWFGF23ACADEMY
- VIP includes Herbal Happy Hour Bonus
- **Sale Ends 2/20/23**



Type in link: <https://gardenmentors.com/join-nature-academy/>

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STEP 3: Allocate your gardening resources

Gardening costs you something. Three resources are available: money, body & time.

Body:

You only get one body. It can heal & strengthen, but it also ages. It is not a renewable resource. Care for it. Wear gloves. Wear knee pads. Spend your body equity wisely.

Time:

The moment it took you to read this isn't coming back. Time is not renewable. Don't waste it! Determine your priorities when you meditate on your mindset. What other life priorities need balancing with the time you can or want to put into gardening?

Money:

Money is one renewable gardening resource. It may be scarce, but it's easier to rebuild coffers than it is to lift your body out of a coffin. Use money to pay for things that give you more time & a healthier body into life.

Common ways gardeners randomize their gardening allocations:

Ripping & tearing at weeds: damages hands.

Using the wrong tool for a job: damages all sorts of body parts & plants.

Watering incorrectly: wastes expensive water/wastes time/doesn't help gardens thrive.

Impulse shopping: wastes money & may stress you out with more work you don't know how to get done.

Poor hiring decisions: paying people who ruin your plants & soil adds insult to injury!

Step inside TODAY with your NWFGS special discount!
*** Money back guarantee included ***

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STEP 4: Execute your garden with know-how!

Wait! Don't kill it! Execute = **how** you'll make things happen. DIY doesn't mean guess how to properly care for your garden. Hiring the cheapest labor might cost you & you might end up with an executed garden!

Ways you can learn HOW TO complete your gardening tasks in a skilled, efficient manner:

1. **Free gardening newsletters:** Mine are helpful, timely & educated. But they might not offer all you need.

* [Sign up for my free newsletter & immediately receive a free gardening handout & more!](#) *

2. **Local single-subject gardening classes:** Helpful, but may not address your individual needs exactly.

3. **Hiring a gardening coach/consultant:** Answers your specific questions about your specific garden!

* [Schedule a 1:1 session with me at Gardenmentors.com - Zoom & in-person available.](#) *

3. **Enroll in a college horticulture program:** Great. But may be over-budget for your time & money.

4. **Free online social media tips:** Often just wishful thinking masquerading as informed lessons.

5. [Invest in Garden Mentors Academy:](#) 25% off NWFGS special, 30 day money back guarantee.

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GET IN TOUCH ANYTIME WITH QUESTIONS OR TO SCHEDULE:

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