

FIVE EASY ELEMENTS FOR A HEALTHY GARDEN – PRO TIPS

WHY WE ALL NEED HEALTH IN OUR GARDENS

It's about **CONNECTIONS**—

our gardens tie us to the natural world
Our gardens connect to each other to help
restore and regenerate

It's about **EASE**—

Why not garden the way nature does?—
Covering the ground from top to bottom
even in desert situations



Mary-Kate Mackey

A HEALTHY GARDEN HAS FIVE ELEMENTS

INCLUSIVITY—Welcomes all denizens, including people

BIOTA-FRIENDLY—Less soil disturbance, more permaculture

DIVERSITY—Built-in biodiversity; no monocultures need apply

REGIONALLY APPROPRIATE PLANTS—Including natives

LEAVES A LEGACY—Knowledge gained supports the next
Generation, our communities, and the planet.



HEALTHY GARDEN PLANTS ARE—

Less susceptible to pests or diseases—'Sungold', 'Galahad', 'Dark Star' tomatoes

Lower maintenance—Little or no pruning, feeding, spraying—Encore Azaleas

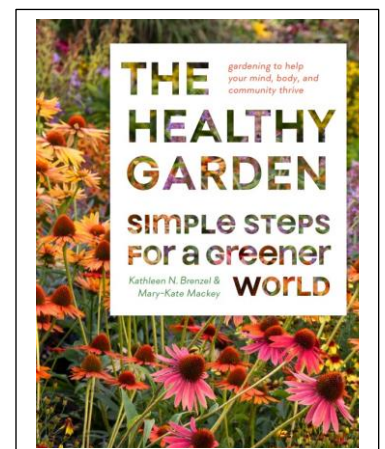
Longer blooming – Camellia October Magic Series

Multi-taskers—cut flowers, pollinator-friendly, landscape problem solving –

Leucanthmum 'Real Gold Cup' Shasta daisy; *Physocarpus opifolius* native ninebark

FROM THE HEALTHY GARDEN—SIMPLE STEPS FOR A GREENER WORLD

“In these times of upheaval and rapid change, how we interact with our gardens matters more than ever. All things growing are pieces in a puzzle that are intertwined in ways we are just beginning to understand. You are connecting yourself to a world of wisdom that is far greater than you can know, full of mysteries, surprises, and delight. You become the tiniest part of the massive, fragile, and yet resilient web that lives and grows and passes on. Welcome home.”



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