Bling on the Wing: 12 Months of Flowers for Hummingbirds

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Washington species: Anna's, Rufous, Calliope, Black-Chinned

Anna's: Year-round resident, our largest hummer (4"). Males have bright red/pink gorget, females iridescent green

Rufous: Migrate from Southern U.S./Mexico to Alaska. Smaller than Anna's, about 3-3.5". Males tawny orange with orange gorget,

females green with orange highlights. Recently sighted as far east as Florida and as far north as New Brunswick.

<u>Calliope</u>: Primarily found in Eastern WA, occasionally seen on W. slope of Cascades, rare in Puget lowlands. Our smallest hummer, about 2.5-3". Migrates from Central Mexico as far North as Central BC and Alberta. Males have magenta gorget, females green on back with peachy chest.

<u>Black-chinned</u>: primarily found in E Washington, migration pattern similar to Calliope. About same size as Rufous, a bit more slender. Males have black chin/hood with purple gorget, females dull green on back with white chest.

<u>Fun facts</u>: Wings can beat up to 80 x per second; diving speeds of up to 50 mph; horizontal speed up to 35 mph; can fly upside down for short distances. Can go from 35 mph to full stop in 6"; can go into state of torpor in cold weather or when hungry. Best eyesight of any bird; amazing pollinators, flowers don't have to be tubular or red. Can be fiercely territorial (especially Rufous); "hawking" behavior when defending territory, hunting

Diet Primarily nectar, insects, and occasionally sap; females have been observed eating ash during nesting season

<u>Mating</u>: Males perform impressive courtship dives; females do all of the work of nest building, incubation, and feeding young. Females lay 2 (sometimes 1 or 3) navy bean sized eggs. Eggs incubate for about 3 weeks and chicks are independent about 3 weeks after hatching.

<u>Nests</u> are tiny, about the size of a quarter. Be careful and observant when pruning during nesting season (Feb-July). Nests constructed of spider webs, seed heads, plant fibers, moss, lichen, feathers, fur, hair. <u>Do not</u> provide dryer lint or fur/hair treated with shampoo or insecticide; both substances are harmful to hummers.

<u>Enhancing habitat</u>: Have less lawn, plant a variety of different species; plant in layers. Use native plants. Don't use insecticides. Provide nesting material by leaving plants standing in winter and using "chop and drop" mulching technique.

<u>Water</u>: Hummers get most of their fluids from their diet, but will sip moving water and dew drops from leaves. They enjoy a nice spritz in the mist of sprinklers.

KEEP YOUR CAT INSIDE! Build a catio. Take the Seattle Catio Tour.

Feeders: Consult Seattle Audubon web site for feeder advice. Consider heated feeders during long cold spells.

<u>Plant Info</u>: Plant sizes and needs can vary widely within a genus or species. Plant performance will vary depending on site conditions and maintenance. The plant table below provides some general info concerning average 10-year size, Exposure, and Watering.

Winter (*exceptional hummingbird plants)

Latin Name	Common Name	Size (HxW)	Full Sun	Part Shade	Full Shade	Wet	Avg H2O	Dry
Mahonia x media 'Charity'*	Charity Mahonia	10' x 10'	✓	✓	✓		✓	✓
Grevillea victoriae*	Royal Grevillea	6' x 6'	✓					✓
Arbutus unedo*	Strawberry Tree	10' x 10'	✓	1			1	✓
Arbutus menziesii*	Madrona	30' x 20'	✓					✓
Arctostaphyllos columbiana	Hairy Manzanita	8' x 8'	✓					✓
Arctostaphyllos hybrids	Hybrid Manzanita	5' x 5'	✓					✓
Viburnum bodnantense 'Dawn'	Dawn Viburnum	8' x 6'	✓	1			✓	✓
Camellia sasanqua	Sasanqua Camellia	10' x 10'	✓	1			✓	✓
Rosmarinus officinalis	Rosemary	5' x 6'	✓	1			✓	✓
Oemleria cerasiformis	Indian Plum, Oso Berry	8' x 8'		1	✓	✓	✓	✓

Spring

Latin Name	Common Name	Size (HxW)	Full Sun	Part Shade	Full Shade	Wet	Avg H2O	Dry
Embothrium coccineum*	Chilean Fire Tree	15' x 30'	1					✓
Aquilegia sp.*	Columbine	2' x 2'	1	1	✓		✓	✓
Ribes sanguineum*	Winter Currant	5' x 6'	1	1	✓		✓	✓
Vaccinium ovatum	Evergreen Huckleberry	6' x 6'	1	✓	✓		✓	✓
Rhamnus purshianna	Cascara sagrada	15' x 10'	1	✓	✓	✓	✓	✓
Mahonia aquifolium*	Oregon Grape	6' x 8'	1	✓	✓		✓	✓
Mahonia repens	Creeping Oregon Grape	2.5' x 5'	1	✓			✓	✓
Mahonia nervosa	Low Oregon Grape	2' x 5'		1	✓		✓	✓
Dicentra formosa	Western Bleeding Heart	1' x 3'		✓	✓		✓	✓
Dicentra spectabilis	Bleeding Heart	2' x 3'		✓	✓		✓	✓
Heuchera hybrids	Coral Bells	1.5' x 3'	1	✓			✓	
Telllima grandiflora	Fringe Cups	2' x 3'	1	✓	✓	✓	✓	✓
Kniphofia hybrids*	Red Hot Poker	3' x 3'	✓	1			✓	✓
Rubus spectabilis	Salmonberry	6′ x ∞	✓	✓		1	1	

Summer

Latin Name	Common Name	Size (HxW)	Full Sun	Part Shade	Full Shade	Wet	Avg H2O	Dry
Agastache sp.*	Hummingbird Mint	2' x 3'	1				1	1
Zauschneria sp.*	California Fuchsia	1.5' x 5'	1	1			1	✓
Crocosmia sp.*	Montbretia	3' x 4'	1	1			✓	
Lobelia tupa*	Devil's Tobacco	5' x 5'	1				1	1
Heptacodium miconioides	Seven-Son Flower	10' x 15'	1	1			1	1
Lavandula*	Lavender	3' x 3'	1	1			1	1
Hyssopus officinalis*	Hyssop	2' x 3'	1				1	1
Lonicera periclymenum	Woodbine Honeysuckle	10' x 10'	1	1			1	
Dierama pulcherrimum	Angel's Fishing Rod	3' x 4'	1	1			1	1
Lantana sp.	Flowering Tobacco	Annual	1				1	
Begonia boliviensis hybrids	Firecracker Begonia, etc.	Annual	1				1	
Petunia hybrids	Petunia	Annual	1				1	
Abutilon sp. & hybrids*	Flowering Maple	5' x 5'	✓				✓	

Autumn

Latin Name	Common Name	Size (HxW)	Full Sun	Part Shade	Full Shade	Wet	Avg H2O	Dry
Fuchsia magellanica & hybrids*	Fuchsia	5' x 6'	✓	1	✓		✓	✓
Hibiscus syriacus*	Rose of Sharon	8' x 10'	1	1			✓	1
Salvia species and hybrids*	Sage	2' x 4'	1				✓	1
Vitex agnus-castes	Chaste Tree	8' x 8'	1	1			✓	1
Agapanthus hybrids	Blue Lily of the Nile	3' x 3'	1				1	1
Aster sp.	Aster	3'x3'	1				✓	
Phaseolus coccineus	Scarlet Runner Beans	Annual	1				✓	
Chelone sp.	Turtlehead	2' x 3'	1	1		✓	✓	

Hummingbird Support Groups/Further Info:

Seattle Audubon

Cornell Lab of Ornithology/Birds of North America/eBird UC Davis Hummingbird Health & Conservation Program

Western Hummingbird Partnership

Hummingbird Central

Hummingbirds.net

Russell Link, "Landscaping for Wildlife in the Pacific Northwest"

Plant Resources

King County Native Plant Guide Washington Native Plant Society

Great Plant Picks

Oregon State University Landscape Plants

MOBOT (Missouri Botanical Garden)

Far Reaches Farm

The Desert Northwest Nursery

Xera Plants