NO EXCUSES:
ANYONE CAN GROW BEAUTIFUL, HEALTHY HOUSEPLANTS!
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Before you buy yourself a single houseplant, you need to understand three basic things:

1) What are the levels of natural light in your growing areas?
2) What is the temperature and humidity like in your home?
3) How much time are you willing to put into houseplant care? (be honest!)

LIGHT:
High light = unobstructed, south facing window; creates a sharply defined, dark shadow
Medium light = unobstructed east or west facing window; creates a clear shadow
Low light = unobstructed north facing window; creates a fuzzy shadow
If your window faces a brick wall, or the incoming light creates no shadow at all on your window sill, you need to consider grow lights!

TEMPERATURE & HUMIDITY:
If you’re comfortable, your plants will be comfortable. In other words, if you have a drafty window where winter temps get into the low 50s, this might not be the best place for sensitive plants. (You can put on a sweater…they can’t!) And if you wake up with your nose dry and your lips chapped, your plants are probably feeling dehydrated, too.
This list is by no means exhaustive, but if you’re looking for low-maintenance houseplants that will help build your confidence as an indoor gardener, it’s a great place to start. Begin by assessing your indoor natural light, then think about how often you’re willing to water and groom your houseplants. Choose a few of your favorites from the list below, and get growing!

**Plant List**

1) *Aporophyllum* hybrid  
   rat-tail cactus (high light)

2) *Aspidistra eliator* ‘Variegata’  
   cast iron plant (low-high light)

3) *Boweia volubulis*  
   sea onion (med-high light)

4) *Ceropegia woodii*  
   rosary vine (med-high light)

5) *Clivia miniata*  
   Natal lily (med-high light)

6) *Crassula* ‘Morgan’s Beauty’  
   (high light)

7) Cryptanthus spp.  
   Earth star (med-high light)

8) *Davallia fejeensis*  
   squirrel foot fern (low-med light)

9) *Dischidia ovata* (med-high  
   *Dischidia pactinoides* light)

10) *Epiphyllum* hybrid  
    orchid cactus (high light)

11) *Euphorbia tirucalli*  
    pencil cactus (low-high light)

12) *Ficus elastica* ‘Sylvie’  
    rubber plant (med-high light)

13) *Hoya pubicalyx*  
    wax plant (med-high light)

14) *Ludisia discolor*  
    jewel orchid (low-med light)

15) *Monstera deliciosa*  
    split-leaf philodendron (low-high light)

16) *Pepperomia polybotrya*  
    coin leaf peperomia (med-high light)

17) *Pinquicula ehlerserae*  
    butterwort (med-high light)

18) *Phalaenopsis* spp.  
    moth orchid (med light)

19) *Platycerium bifurcatum*  
    staghorn fern (low-med light)

20) *Polypodium aureum*  
    rabbit’s foot fern (low-med light)

21) *Polyscias fruticos*  
    Ming aralia (med-high light)

22) *Rhipsalis baccifera*  
    Mistletoe cactus (med-high light)

23) *Rhoicissus capensis*  
    oak leaf ivy (low-med light)

24) *Sansevieria* spp.  
    snake plant (low-med light)

25) *Zamioculcas zamiifolia*  
    zz plant (low-high light)